

The Beaches Resource Center  
and  
The Depression Bipolar Support Alliance  
*Present*

# Parent Support Group

*for parents of children with a mental health disorder*

Topics include the following:

- What is mental health illness?
- Hospitalization/Discharge Plans
- Interventions
- Communication Skills
- Crisis Plans
- Suicide
- Behavior Management

*GAIN...*

*...Knowledge*

*...Support*

*...Hope*

Tuesdays beginning September 15, 7-8:30 pm  
Beaches Resource Center  
700 Seagate Avenue  
Neptune Beach

You must register in advance by phone: 270-8200 or email: [katiep@uwnfl.org](mailto:katiep@uwnfl.org)

**FREE**

**Criteria:**

- **Child must have a current mental health diagnosis (non-ADD/ADHD, non-substance abuse)**
- **Parent must commit to four group sessions**

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