



SUPPORT GROUP AFFILIATIONS
MENTAL HEALTH AMERICA OF NORTHEAST FLORIDA
Hosting Support Groups since 1981

ALL ARE WELCOME! SUPPORT GROUPS ARE FREE

NAMI (National Alliance on Mental Illness)

Connection Recovery Support Groups

Support for Adults living with a mental illness

| | | |
|---------------------|---|--|
| Thursdays | | |
| 7:00- 8:30pm..... | River Point Behavioral Health 6300 Beach Blvd, Jacksonville 32216 Outpatient Bldg | Chandler (904)314-9466 Lora (904)343-6511 |
| Tuesdays | | |
| 6:30 – 8:00pm | Clay Behavioral, 89 Knight Boxx Road, Orange Park, FL 32065 | Gayle (904)613-4871 Mindy (703)593-1224 |

***NAMI* Family Support Groups**

Support for family members and friends of persons who live with mental illness

| | | |
|---|---|----------------------------------|
| 2 nd & 4 th Thursday | | |
| 7:00-8:30 pm | Memorial Hospital, 3625 University Blvd South, Jacksonville 32216 Classroom 3 | Nancy (770)895-2803 Heather |
| 1 st & 3 rd Thursdays | | |
| 7:00 pm-8:30pm..... | Ortega United Methodist Church, 4807 Roosevelt Blvd, Jacksonville In the Library | Peggy (904)388-5166 Jon |
| 1 st & 3 rd Thursdays | | |
| 7:00 – 8:30 pm..... | Victory Celebration Church, 3220 New Berlin Road, Jacksonville, FL Fellowship Hall | Darlane (904)757-2203 Deepti |
| 1 st & 3 rd Tuesdays | | |
| 6:00 – 7:30 pm..... | Orange Park Medical Center, 2001 Kingsley Ave, Orange Park, 32073 1 st floor, Classroom 2 | Judy, Dee, Kent (904)264-6402 |

(NOTE this is a change in time, day, and location from the former Monday group)

DBSA (Depression and Bipolar Alliance) Support Groups

| | | |
|----------------------|--|---------------------|
| Sundays | | |
| 5:00 – 6:30 pm..... | Baptist Beaches Hospital, 1350 13 th Ave S. Jacksonville Beach | Inge (904) 728-5494 |
| Tuesdays | | |
| 6–7:30pm..... | Baptist Medical Center Downtown, 800 Prudential Drive Pavilion Bldg. 5 th Floor, Classroom 3 | Ed (904) 322-4040 |
| Wednesdays | | |
| 5:30 – 7:00 pm | River Point Behavioral Health 6300 Beach Blvd 32216 Outpatient Bldg., Large Group Room | Marc (954) 422-2709 |

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MENTAL HEALTH PEER SUPPORT AND RECOVERY

Mondays

6:30-8:15 pm..... River Point Behavioral Health, 6300 Beach Blvd, Jacksonville
Outpatient Building

Trish (904)300-7023

RECOVERY INTERNATIONAL

Fridays578 1st Ave. North, Jacksonville Beach, FL
6:30 pm (Across from St. Paul's Catholic Church)

Virginia (904) 247-3299

SUPPORT FOR PARENTS WHO HAVE LOST A CHILD THROUGH ILLNESS, VIOLENCE, OR SUICIDE
The Compassionate Friends

Second Monday Southside United Methodist Church
7:00 – 9:00 pm..... 3120 Hendricks Ave, Jacksonville , Family Life Center

Susan (904)737-6458
suzeraine@hotmail.com

Second Thursday Flagler Hospital, 301 Health Park Blvd, St. Augustine, FL
7:00 pm..... Osceola Room

Rose Marie
roesmith69@msn.com

United Way (Info and referral call center, crisis and suicide hotline) 2-1-1 or 632-0600
Suicide Hotline: 1-800-273-8255

NAMI Jacksonville Helpline: (904)724-7782
Website: www.namijacksonville.org

NAMI National Info Helpline: 800-950-6264
Website: www.nami.org