

MENTAL HEALTH AMERICA OF NORTHEAST FLORIDA

Friday, July 21, 2017
8:30 a.m.—3:00 p.m.

Schultz Center
4019 Boulevard Center Dr
Jacksonville, FL 32207

WOMEN AND GIRLS MENTAL HEALTH TRAINING SERIES
provided by **Mental Health America of Northeast Florida**
and the **Women's Giving Alliance**

WOMEN IN THE MILITARY



Presented by:

Dr. Tracy Hejmanowski, Ph.D

Naval Hospital Jacksonville Deployment Health Center

Paula Coughlin, retired Navy Lieutenant and Whistleblower

Che'ri Monger, LCSW, MST Coordinator, Jacksonville VA

Women in the Military Training

- Welcome and introduction to the issues specific to women in the military
- Pre-deployment for women and their families
- Deployment and military sexual trauma
- Post-deployment for women and their families
- Local treatment options, including wellness therapies and mind/body practices.
- Panel discussion with local experts



**LMHC, LCSW, LMFT
and RN's**

6 CEUs provided by
River Point Behavioral Health
and Wekiva Springs Hospital

According to Northeast Florida Women Veterans, Florida has the 3rd largest population of female veterans and Duval County is home to the largest population in the state. By attending this training, participants will be able to:

- ◇ Gain an understanding of the issues that women and their families face as they serve our country.
- ◇ Identify common mental health issues amongst women in the military.
- ◇ Learn about effective strategies to help families cope while women are deployed.
- ◇ Identify resources for women veterans and their families.
- ◇ Describe symptoms of military sexual trauma and local resources for victims.

Who Should Attend:

Psychiatrists	Teachers	Social Workers
Nurses	Students	Religious leaders
Case Managers	Therapists	Military families
Active Military	Veterans	Nonprofit leaders

Registration is \$10 per person

includes Breakfast & Lunch

Register at www.mhajax.org

