



SUPPORT GROUP AFFILIATIONS
MENTAL HEALTH AMERICA OF NORTHEAST FLORIDA
Hosting Support Groups since 1981

ALL ARE WELCOME! SUPPORT GROUPS ARE FREE

I Still Matter

Supportive Arts Groups

Support for Adults and Youth living with a mental illness

- 1st Tuesday of month
6:00- 8:00pm..... Vagabond Coffee Donna (904) 885-7862
934 Edgewood Ave. S, Jacksonville 32205
Ages 15+ welcome
- 3rd Tuesday of month
6:00 – 8:00pmBaptist Campus Downtown, 800 Prudential Dr. Carmen (904) 466-3113
Howard Bldg, 3rd Floor, Room 308
Free parking in the P2 garage

NAMI (National Alliance on Mental Illness)

Connection Recovery Support Groups

Support for Adults living with a mental illness

- Thursdays
7:00- 8:30pm..... River Point Behavioral Health Chandler (904)314-9466
6300 Beach Blvd, Jacksonville 32216 Lora (904)343-6511
Outpatient Bldg
- Tuesdays
6:30 – 8:00pmClay Behavioral, 89 Knight Boxx Road, Orange Park, FL 32065 Gayle (904)613-4871
Mindy (703)593-1224

NAMI Family Support Groups

Support for family members and friends of persons who live with mental illness

- 2nd & 4th Thursday
7:00-8:30 pm Memorial Hospital, 3625 University Blvd South, Jacksonville 32216 Nancy (770)895-2803
Classroom 3 Heather
- 1st & 3rd Thursdays
7:00 pm-8:30pm..... Ortega United Methodist Church, 4807 Roosevelt Blvd, Jacksonville Peggy (904)388-5166
In the Library Jon
- 1st & 3rd Thursdays
7:00 – 8:30 pm.....Victory Celebration Church, 3220 New Berlin Road, Jacksonville, FL Darlane (904)757-2203
Fellowship Hall Deepti
- 1st & 3rd Tuesdays
6:00 – 7:30 pm.....Orange Park Medical Center, 2001 Kingsley Ave, Judy, Dee, Kent
Orange Park, 32073 1st floor, Classroom 2 (904)264-6402

(NOTE this is a change in time, day, and location from the former Monday group)

DBSA (Depression and Bipolar Alliance) Support Groups

Sundays
5:00 – 6:30 pm..... Baptist Beaches Hospital, 1350 13th Ave S. Inge (904) 728-5494
Jacksonville Beach

Tuesdays
6–7:30pm..... Baptist Medical Center Downtown, 800 Prudential Drive Ed (904) 322-4040
Pavilion Bldg. 5th Floor, Classroom 3

Wednesdays
5:30 – 7:00 pmRiver Point Behavioral Health Marc (954) 422-2709
6300 Beach Blvd 32216
Outpatient Bldg., Large Group Room

MENTAL HEALTH PEER SUPPORT AND RECOVERY

Mondays
6:30-8:15 pm..... River Point Behavioral Health, 6300 Beach Blvd, Jacksonville Trish (904)300-7023
Outpatient Building

RECOVERY INTERNATIONAL

Fridays578 1st Ave. North, Jacksonville Beach, FL Virginia (904) 247-3299
6:30 pm (Across from St. Paul’s Catholic Church)

SUPPORT FOR PARENTS WHO HAVE LOST A CHILD THROUGH ILLNESS, VIOLENCE, OR SUICIDE
The Compassionate Friends

Second Monday Southside United Methodist Church Susan (904)737-6458
7:00 – 9:00 pm..... 3120 Hendricks Ave, Jacksonville , Family Life Center suzeraine@hotmail.com

Second Thursday Flagler Hospital, 301 Health Park Blvd, St. Augustine, FL Rose Marie
7:00 pm..... Osceola Room roesmith69@msn.com

PEER-RECOVERY AND WELLNESS FOR WOMEN
Surviving to Thriving – trauma specific expressive arts group

Last Tuesday Women’s Center of Jacksonville Debbie Inlow Read
6:00 – 8:00 pm..... 5644 Colcord Ave, Jacksonville , 32211 (904) 707-7914

United Way (Info and referral call center, crisis and suicide hotline) 2-1-1 or 632-0600
Suicide Hotline: 1-800-273-8255

NAMI Jacksonville Helpline: (904)724-7782

Website: www.namijacksonville.org

NAMI National Info Helpline: 800-950-6264

Website: www.nami.org