



SUPPORT GROUP AFFILIATIONS
MENTAL HEALTH AMERICA OF NORTHEAST FLORIDA
Hosting Support Groups since 1981

ALL ARE WELCOME! SUPPORT GROUPS ARE FREE

I Still Matter

Supportive Arts Groups

Support for Adults and Youth living with a mental illness

1st Tuesday of month

6:00- 8:00pm..... Vagabond Coffee Donna (904) 885-7862
934 Edgewood Ave. S, Jacksonville 32205
Ages 15+ welcome

3rd Tuesday of month

6:00 – 8:00pmBaptist Campus Downtown, 800 Prudential Dr. Carmen (904) 466-3113
Howard Bldg, 3rd Floor, Room 308
Free parking in the P2 garage

NAMI (National Alliance on Mental Illness)

Connection Recovery Support Groups

These groups are facilitated by individuals who live well with mental illness and have been trained by NAMI to lead support groups. These groups are open to individuals who live with any mental illness.

1st & 3rd Mondays (except holidays)
7:00- 8:30pm.....Winston Family YMCA Healthy Living Center
221 Riverside Avenue

Tuesdays (except holidays)
6:00 – 7:30pmOrange Park Medical Center, 2001 Kingsley Ave, Classroom 1 (or a nearby classroom- look for NAMI Connection Support Group sign on door)

NAMI Family Support Groups

Support for family members and friends of individuals who live with mental illness. Facilitators are family members who have been trained by NAMI.

2nd & 4th Thursday (except holidays)
7:00-8:30 pm Memorial Hospital, 3625 University Blvd South, Classroom 3

1st & 3rd Thursdays (except holidays)
7:00 pm-8:30pm..... Ortega United Methodist Church, 4807 Roosevelt Blvd, in the Church Parlor

1st & 3rd Tuesdays (except holidays)

6:00 – 7:30 pm..... Orange Park Medical Center, 2001 Kingsley Ave, Orange Park, 32073 1st floor, Classroom 2

DBSA (Depression and Bipolar Alliance) Support Groups

Sundays

5:00 – 6:30 pm..... Baptist Beaches Hospital, 1350 13th Ave S. Inge (904) 728-5494
Jacksonville Beach

Tuesdays

6–7:30pm..... Baptist Medical Center Downtown, 800 Prudential Drive Ed (904) 322-4040
Pavilion Bldg. 5th Floor, Classroom 3

Wednesdays

5:30 – 7:00 pmRiver Point Behavioral Health Marc (954) 422-2709
6300 Beach Blvd 32216
Outpatient Bldg., Large Group Room

MENTAL HEALTH PEER SUPPORT AND RECOVERY

Mondays

6:30-8:15 pm..... River Point Behavioral Health, 6300 Beach Blvd, Jacksonville Trish (904)300-7023
Outpatient Building

RECOVERY INTERNATIONAL

Fridays578 1st Ave. North, Jacksonville Beach, FL Virginia (904) 247-3299
6:30 pm (Across from St. Paul’s Catholic Church)

SUPPORT FOR PARENTS WHO HAVE LOST A CHILD THROUGH ILLNESS, VIOLENCE, OR SUICIDE

The Compassionate Friends

Second Monday Southside United Methodist Church Susan (904)737-6458
7:00 – 9:00 pm..... 3120 Hendricks Ave, Jacksonville , Family Life Center suzeraine@hotmail.com

Second Thursday Flagler Hospital, 301 Health Park Blvd, St. Augustine, FL Rose Marie
7:00 pm..... Osceola Room roesmith69@msn.com

PEER-RECOVERY AND WELLNESS FOR WOMEN

Surviving to Thriving – trauma specific expressive arts group

Last Tuesday Women’s Center of Jacksonville Debbie Inlow Read
6:00 – 8:00 pm..... 5644 Colcord Ave, Jacksonville , 32211 (904) 707-7914

United Way (Info and referral call center, crisis and suicide hotline) 2-1-1 or 632-0600

Suicide Hotline: 1-800-273-8255

NAMI Jacksonville Helpline: (904)724-7782

Website: www.namijacksonville.org

NAMI National Info Helpline: 800-950-6264

Website: www.nami.org